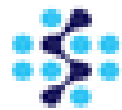


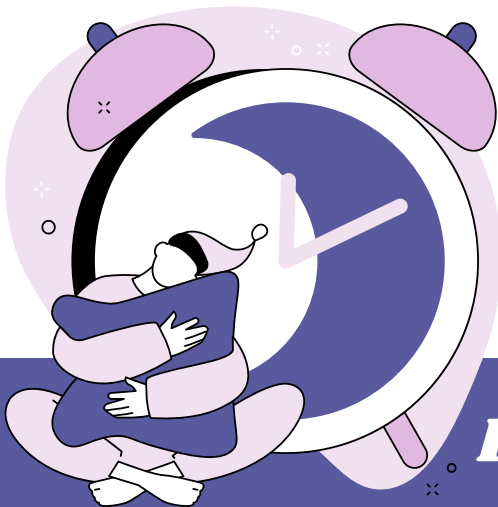
# SLEEP SOUNDLY: UNDERSTANDING SLEEP APNEA



**Merak Health**  
Primary Care

Join us for an informative seminar on Sleep Apnea, featuring Dr. Akhil Vats, an expert from Merak Health. Discover how sleep apnea affects your health, learn about symptoms to watch for, and explore treatment options. Whether you're seeking answers for yourself or a loved one, this seminar will provide valuable insights to help improve your sleep and overall well-being.

Don't miss this opportunity to get expert advice and take steps toward better health.



***Thursday, Jan 9***

***11am - 12pm***

***The Center***

***108 E. Washington St.***

***REGISTER ONLINE OR IN PERSON!***